

En Vogue Final conference
Rome, 29th – 30th September 2011
Workshop: En Vogue tools in training practice

Tool number	44
Tool title	Try a new look: before and after
Key competences	<p>Communication in the mother language</p> <p>Social and civic competences</p> <p>Cultural awareness and expression</p>
Skills list & learning objectives	<p>Gathering and using information:</p> <ul style="list-style-type: none"> ➤ Acquire and evaluate information <p>Social skills:</p> <ul style="list-style-type: none"> ➤ Personal: self esteem, empathy, responsibility, coping with stress, self motivation ➤ Teamwork / leadership ➤ Communication: negotiate to arrive at a decision, verbal and non-verbal communication <p>Learning objective:</p> <p>The aim of this activity is to create a new look for a team member together with the rest of the team. By the end of this activity, the group is going to be able identify defining physical characteristics, collaborate with others and share different skills. This activity is likely to improve the participants' self esteem.</p>
Abstract <i>(short description of the content and output of the tool)</i>	<p>A small group identifies the separate elements representing someone's personality, and makes decisions to make changes in their appearance.</p> <p>After identifying elements representing one's personality, teams in small groups monitor the transformation of somebody's appearance.</p> <p>The small team chooses one of them or an external participant and with this person's agreement, decides to change their "look" or appearance and show the changes to the rest of the group.</p>

<p>Equipment – materials - Instruments to be used (e.g. excel, camera...)</p>	<p>Internet, fashion magazines to collect ideas</p> <p>Clothes, accessories, hairdressing materials, jewellery, and make up borrowed from the trainees, the trainer or members of staff</p> <p>Video camera</p>
<p>Minimum level of knowledge of beneficiaries</p>	<p>Basic knowledge in communication</p>
<p>Step by step instructions</p> <p><i>Star System</i> indicating different levels of difficulty:</p> <p>easy = ★</p> <p>medium = ★★</p> <p>advanced = ★★★</p>	<p>Task 1: ★</p> <p>Discuss with the learners how to organise the exercise (maximum 4 people per team) and explain the framework. One person will be the “model” and the others are responsible for the changes. They should discuss first, what they would like to achieve, what kind of change they are aiming for. The overall objective of the activity is to produce a final presentation with pictures or a short film showing the person before and after</p> <p>Task 2: ★★</p> <p>The group has to research the internet or magazines for ideas of changes. A decision should be made about the kind of change (clothes, make up...) with the agreement of the selected “model”. Record with a camera the usual style of the individual ‘before’ and write a general account of what “at this stage” defines the appearance. Moreover, the goals of change should be described.</p> <p>Task 3: ★★</p> <p>‘Transforming workshop’: Members of the team provide necessary clothes and accessories, share the tasks according to everyone’s skills and start the change process. Then they record with the camera the person’s new style, write a general comment about what defines the ‘new’ personality or appearance and take a statement of the “top model’s” feedback.</p> <p>Task 4: ★★</p> <p>Presentation and discussion: Learners then show the</p>

	<p>pictures or film of different stages of the change (“before and after”) to the trainer and the rest of the group.</p> <p>The trainers should ask the other learners to take notes and give their opinions after watching the transformation. Then they should ask for the “model’s’ feelings about the changes and whether s/he would behave in a different way because his/her appearance has changed. Would s/he be ready to keep this “look” in the future? Ask for reasons.</p>
Methods (e.g. role playing, interview, exercise...)	<p>Role play</p> <p>Workshop in team</p> <p>Self analysis of behaviour</p>
Assessment	<p>The aspects to be assessed are:</p> <ul style="list-style-type: none"> ➤ Did the group take the task seriously? ➤ Did they identify the different elements composing a look or appearance? ➤ How was the time management? ➤ How was the presentation?
Follow up	<p>Debate about appearance and personality and what defines them. How are people who dress differently from the majority treated within society? Are there differences from one society to another? Learners could engage in internet research for articles dealing with this subject.</p>
Recommended duration	<p>2 hours for first stage and preparation</p> <p>4 hours for transformation and presentation/debate</p>
Notes / important information / remarks	<p>Make sure learners know about empathy and affirmative discussion techniques as these activities could hurt the ‘model’s’ feelings. They should actively be included in the decision about the change.</p>
Your notes	

For further information see also “Links” and “Supporting Materials”